



THRIVE

"transitioning to new levels of independence"



A program of the Hunterdon County Educational Services Commission

THRIVE DAY HABILITATION



Situated on our beautiful 70 acre campus in Hunterdon County

According to the dictionary:
to progress toward
or realize a goal
despite or because of circumstances

"THRIVE"

According to the Division of Developmental Disabilities:

- ★ Age-Appropriate
- ★ Variety & Choice
- ★ Community Experiences
- ★ Small Groups
- ★ Individual Interactions and Experiences

DAY
HABILITATION

DAY HABILITATION

COMMUNITY & CHOICE

An opportunity to learn new skills and
strengthen abilities in:

- ★ self-determination
- ★ community involvement
- ★ relationship building
- ★ lifelong learning
- ★ personal health and safety
- ★ creativity
- ★ physical activity
- ★ environmental awareness

Campus Activities

- Animal Husbandry
- Apple Picking
- Hiking
- Fishing
- Campus Beautification
- Gardening
- Picnics
- Basketball
- Wiffle Ball
- Bocce







Fresh vegetables and eggs for cooking activities.

Indoor Activities

Cooking
Painting
Crafts
Sewing
Dancing
Karaoke
Kahoot

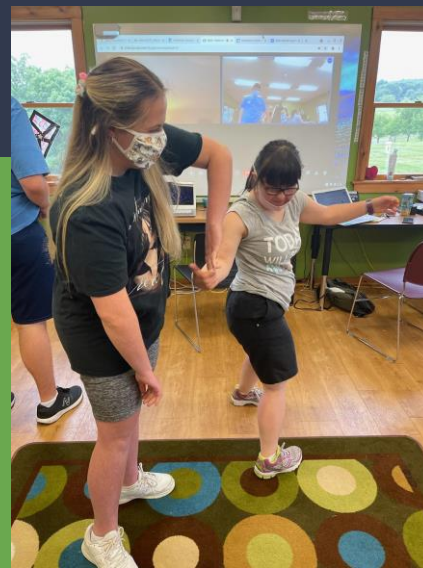


Name That Tune
Yoga
Card Games
Board Games
Ping Pong
Foosball
Cornhole

Cooking, painting, crafts, games...



Dancing, exercise...



Volunteer Activities

- Music Mountain Theater
- Food Pantry
- Grow-A-Row





VOLUNTEER WORK AT THE MUSIC MOUNTAIN THEATRE

So many choices...

THRIVE Sample Weekly Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
9 am	Mindfulness Morning Meeting	Mindfulness Morning Meeting	Mindfulness Morning Meeting	Mindfulness Morning Meeting	Mindfulness Morning Meeting
10 am	Community Outing	Chair Yoga/ Exercise	Farm Visit	Chair Yoga/ Exercise	Chair Yoga/ Exercise
11 am		Smartboard Games	Arts and Crafts	Painting	Smartboard Games
noon	Lunch & Conversation	Lunch & Conversation	Lunch & Conversation	Lunch & Conversation	Lunch & Conversation
12:30	Indoor/Outdoor Activity of Choice	Indoor/Outdoor Activity of Choice	Indoor/Outdoor Activity of Choice	Indoor/Outdoor Activity of Choice	Indoor/Outdoor Activity of Choice
1 pm	Book Club	Dance Party/ Karaoke	Book Club	Dance Party/ Karaoke	Cooking
2 pm	BINGO/Games/ Puzzles	Lifeskills	BINGO/Games/ Puzzles	Pictionary/ Card Games	Who Am I?/ Board Games

Comments from our families...

My son really enjoys going and he seems like he's doing much better since he has been going.

(My daughter) loves Thrive! The staff is so professional, kind, caring and fun!! There is a wide variety of activities that (she) seems to enjoy! We are so happy to have found a program that she looks forward to going to each day!! Thank you for your patience and all that you do. It is greatly appreciated!

**I just wanted to say thank you all for how amazing you all are and doing the Thrive Program!! (We) are so impressed!! Love all the enthusiasm, activities and everyone is incredible!!
Just wanted you all to know we all LOVE Thrive and can't thank you enough!!!
Incredible job everyone!!**

We love you and appreciate you all more than you know!!!

HCESC Thrive Day Habilitation Staff

Corinne Steinmetz, Superintendent

Fran Leddy, Program Director

Ana Flynn, District Nurse

Mary Gaspari, Program Specialist

Vanessa Dixon, Program Assistant

Dolores Duran, Program Assistant

Ann Marie Gibson, Program Assistant

Gerhart Meyer, Program Assistant

Moraima Ortiz, Program Assistant



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www.hunterdonesc.org

animal husbandry book club
self-determination
THRIVE
dancing yoga
fishing arts and crafts creativity hiking
music therapy Community cooking
gardenning
physical fitness
lifelong learning

